



Methodist Health
System Gains Cost
Predictability and
Operational Insights
with Cohesity on
Cisco UCS



INDUSTRY Healthcare

USE CASE

Backup & Recovery, Disaster Recovery

COHESITY SOLUTIONS

DataPlatform, DataProtect, Helios

SOLUTION PARTNERS

Cisco UCS, Microsoft Azure

CHANNEL PARTNER

SHI

Key Benefits

- Cost predictability without forklift upgrades
- Customized reporting
- Unlimited scalability
- Ease of use
- Single solution and support from proven partners

Methodist Health System is among the forward-looking healthcare providers modernizing IT infrastructure in order to boost cost predictability and efficiency to optimize resources. Methodist system professions wanted to break out of the cycle of forklift operations. So the health network deployed the jointly developed Cohesity on Cisco Unified Computing System (UCS) data management solution for modern backup—as well as disaster recovery (DR)—to take advantage of more granular reporting, scale-out architecture, and fast restores.

Challenges

The legacy backup and recovery solution at Methodist had inertia. It had been in production for nearly seven years and although there were some issues, the team had not seriously considered a replacement until it faced increasing scalability constraints and another disruptive, potentially expensive upgrade.

"Our upcoming renewal was a good, natural time to look at what was new in the market and our management team was open to modern technology," according to Kevin Rue, Senior Systems Engineer at Methodist Health System. Because healthcare is a cost-conscious industry, "we liked the idea of a solution that would enable us to show costs for years five, six, and seven upfront, which is easier for finance and legal."

Methodist conducted a 60-day proof of concept, standing up a new, parallel environment running jointly offered Cohesity data management software on Cisco UCS. The incremental migration of SQL and Microsoft Exchange workloads allowed IT staff to evaluate how a full production workload protection would perform.

Solution

Today, Methodist manages two data centers—one production, the other DR—both running Cohesity DataPlatform and Cohesity DataProtect on certified Cisco UCS C240 M5 nodes. Non-latency sensitive data is backed up and recovered in the production site with bi-directional replication to the DR site. The joint solution simplifies management with a single, HTML5-based user interface (UI) that is easy to use and navigate. Unlike siloed, legacy infrastructure, the



"Replacing our seven-year-old solution with Cohesity on Cisco UCS was like going from a Chevy truck to a brand new Lexus. We got similar features but with more efficiencies plus new capabilities such as scalability, Office 365 support, ease of use, and customized reporting that are important to our healthcare system."

Kevin Rue, Senior Systems Engineer, Methodist Health System

consolidated platform features fast ingest and non-disruptive upgrades as well as true global deduplication and impressive storage efficiency.

The health system staff receives proactive updates about the environment through Cohesity Helios, a SaaS-based global management tool for complete workload visibility. Non-disruptive upgrades and the ability to scale out the system based upon data growth helps keep costs predictable.

Cohesity integrated with Cisco, which Methodist also trusts for its networking, gives the healthcare provider a unified data management solution from proven partners. "We can set it and forget it," says Rue. "And if there is an issue, Cisco SmartNet combined with Cohesity support streamlines issue resolution."

Methodist can now use the solution to generate custom reports through the Cohesity Reporting app (based on the popular analytics app JReport) available on the Cohesity Marketplace. The app provides the team with reports for operational health, compliance, and audit for data under management, capacity monitoring and planning, as well as showback and chargeback.

"One of our biggest challenges used to be reporting," says Rue. "We like the granularity of the new solution's reporting, for example, to see how much time server backup is taking, limits on space, and change tension, so we know where to adjust settings to make improvements."

Results

In contrast to the health network's legacy backup solution which required all-at-once purchases of complex systems—and thus full racks with fixed capacity—the new solution is designed to scale out

incrementally without requiring the provider to make a maximum investment upfront.

Because of the strong partnership between Cohesity and Cisco, Methodist has confidence in the current solution and support options as it consolidates enterprise file services workloads on a single platform. Cisco UCS and Cisco Intersight combined with Cohesity software deliver the ideal solution at scale with architectural consistency and operational automation from the data center to edge to cloud. Cisco Intersight is a cloud service that works with all recent Cisco UCS servers: blade, rack, or hyperconverged. With Cisco Intersight, Methodist can centrally manage all UCS servers, making it simpler to track inventory—for example, to find all servers anywhere in its production and DR sites that need a firmware upgrade.

Key benefits of the Cohesity-Cisco solution include:

- Cost predictability without forklift upgrades
- Customized reporting
- Unlimited scalability
- Ease of use
- Single solution and support from proven partners

About Methodist Health System

Methodist Health System serves the metropolitan-Omaha area. It operates four hospitals, multiple clinic locations, a nursing and allied health college, medical supply distributorship, and central laundry. It brings the full resources of its regional network of health care providers, educators and support services to ensure individuals always have the care they need when—and where—they need it.



